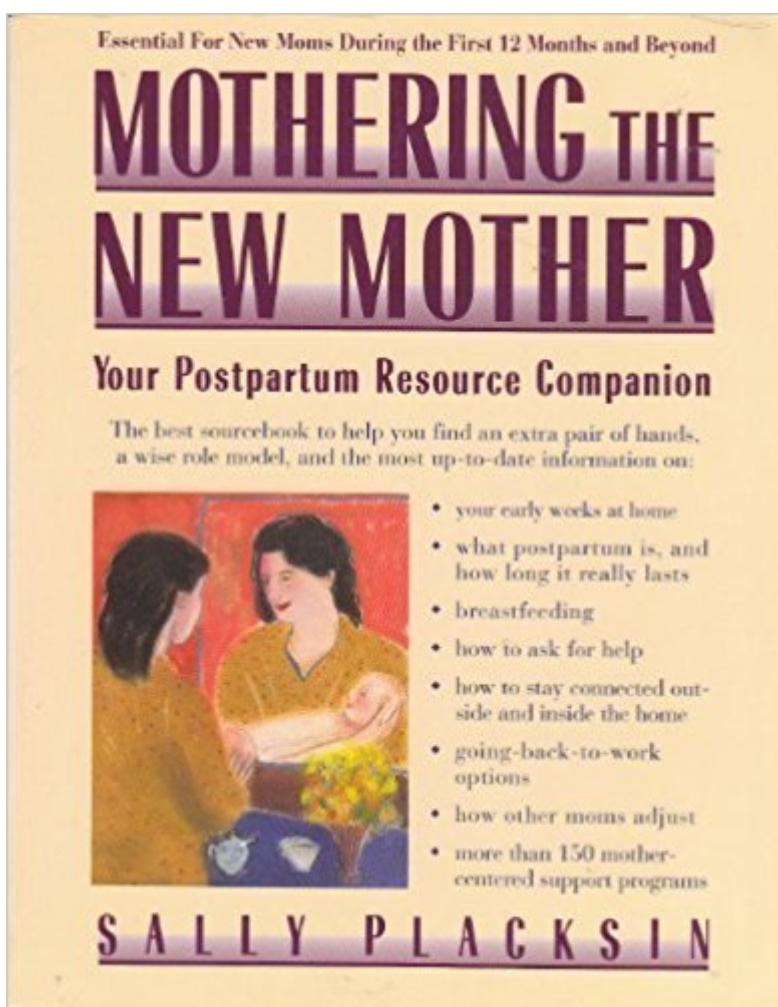


The book was found

Mothering The New Mother: Your Postpartum Resource Companion



Synopsis

Offers new mothers professional guidance to home health care, postpartum depression, breast-feeding problems, negotiation strategies at work, and similar issues, with lists of resources from books to support groups and real-life stories. Simultaneous. Tour.

Book Information

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Customer Reviews

Most women expecting their first child become so consumed with the pregnancy and plans for delivery that they give little thought to their postpartum period. Even those who do rarely have a clear picture of the adjustments necessary in the transition to motherhood. They are surprised to find that much of motherhood does not, in fact, come naturally. In *Mothering the New Mother*, Placksin describes rituals from traditional cultures where other women assist the new mother in the passage into motherhood. Much of the book discusses how our society robs women of that assistance while setting up barriers to fulfilling motherhood. It then suggest some options for overcoming those barriers. Much of the content can be found in other texts, many of which are referenced by Placksin. What proves useful, however, are her extensive lists of resources available to the postpartum woman and questionnaires for planning postpartum support. An optional purchase.- KellyJo Houtz Griffin, Harrison Memorial Hosp., Bremerton, Wash.Copyright 1994 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Mothering begins with a historical background of, and other cultures' approaches to, caring for

mothers while they care for their newborn. Placksin also stresses why breastfeeding (not to mention getting support to do so) is best, and she covers the controversial subject of postpartum depression (PPD). There's a separate chapter for second-time moms. Thorough, well-written, and very much needed. Jo Peer-Haas --This text refers to an out of print or unavailable edition of this title.

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Mothering the New Mother: Your Postpartum Resource Companion
Mothering Through the Darkness: Women Open Up About the Postpartum Experience
The Mother-to-Mother Postpartum Depression Support Book: Real Stories from Women Who Lived Through It and Recovered
The Postpartum Husband: Practical Solutions for living with Postpartum Depression Therapy and the
Postpartum Woman: Notes on Healing Postpartum Depression for Clinicians and the Women Who Seek their Help
Postpartum Depression: How to Overcome Postpartum Depression and Be a Happy Mom (Postnatal Depression)
PeeWee Pilates: Pilates for the Postpartum Mother and Her Baby
Mothering and Daughtering: Keeping Your Bond Strong Through the Teen Years
Raising Generation Rx: Mothering Kids with Invisible Disabilities in an Age of Inequality
The Archaeology of Mothering: An African-American Midwife's Tale
Remnants: A Memoir of Spirit, Activism, and Mothering
Mothering Multiples: Breastfeeding and Caring for Twins or More! (La Leche League International Book)
Double Time: How I Survived---and Mostly Thrived---Through the First Three Years of Mothering Twins
Mothering Twins: From Hearing the News to Beyond the Terrible Twos
Revolutionary Mothering: Love on the Front Lines
My Mother, Your Mother: Embracing "Slow Medicine," the Compassionate Approach to Caring for Your Aging Loved Ones
New England Gardener's Resource (Regional Gardener's Resource)
Companion Planting: Companion Gardening - A Practical Guide For Beginners To Learn Everything About Companion Planting (Organic Gardening, Container Gardening, Vegetable Gardening)
Cultural Resource Laws and Practice (Heritage Resource Management Series)
Music Theory Books Bundle of 2 - 7 Easy Steps to Read Music & Circle of 5ths - Music Resource Book: Music Resource Book for Piano, Guitar & Ukulele players

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